

Byron Good Neighbor Day Community Run/Walk

5K—Start Time 8:00
(Certified: # MN.09045.RR)
2.5K—Start Time 8:30
Walkers—Start Time 8:00

Date: 07/17/2010

Pre-register by: 07/10/2010

ENTRY FEES

Before July 10th

- \$15 for 18 and older
- \$10 for 17 and younger
- \$40 family maximum
- \$10 for all walkers
- Add \$5 to run 5K + 2.5K.

After July 10th

- \$20 for 18 & Older
- \$15 for 17 & Younger
- Family max. & walker fees - No Change

COURSE

Race course is paved and will begin and end at the middle school. The race will start in the back parking lot and finish on the track.

No roller blades or pets.

Restrooms will be available at the school.

RACE CONTACT

Charro Coleman (507) 775-6862
 Email: charro.coleman@byron.k12.mn.us

Youth Grand Prix Event

PRIZES

5K AWARDS

Medals to first, second and third place male and female in the following age groups:

- * Awards are for runners in each age group.
- 60 & Older
- 50-59
- 40-49
- 30-39
- 19-29
- 15-18
- 12-14
- 9-11
- 8 & Younger

2.5K AWARDS (1.5 miles)

- 15-18
- 12-14
- 9-11
- 8 & Younger

**ROCHESTER
TRACK CLUB**



* Shirts guaranteed to each pre-registered runner before July 10th.

* Family Entries: Each runner or walker must submit an entry form. 4 shirts included with family entry.

* Additional shirts available for \$5 each.

* All entrants eligible for great door prizes.

* Food & refreshments provided by local business.

Mail form and entry fee to:

Charro Coleman
 312 8th St. NW
 Byron, MN 55920

Name _____

Address _____

Phone _____

T-Shirt: (Adult or Youth) S M L XL

Sex: Male / Female _____ Age on race day _____

Copies of the registration form can be printed off from the following web sites:

- <http://www.rochestertrackclub.com/>
- <http://www.rschooldtoday.com/se3bin/clientgenie.cgi>
- <http://byronteamred.blogspot.com/>

**Waiver will be signed at time of registration / check-in.

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____

Make checks payable to:

Byron Good Neighbor Day Races

Race: 5K / 2.5K / Both (circle 1)

Walker: 5K / 2.5K (circle 1)